

Procedure – Workforce Secondary Traumatic Stress

District-wide Workforce Mental Health Committee

- A. The District will establish a District-Wide Workforce Mental Health Committee composed of classified, certificated and administrative staff members. The District will seek committee members who have the interest and skills to best serve the committee.
- B. The committee will seek resources related to secondary traumatic stress from OSPI, the ESD, and the School Employees' Benefits board.
- C. Materials and resources related to secondary traumatic stress will be shared with district staff.
- D. The duties of the committee will include:
 - Sharing supports available through the Office of the Superintendent of Public Instruction, the Educational Service District, and the School Employees' Benefits Board;
 - Sharing links to a secondary traumatic stress self-assessment tool;
 - Utilizing data collected from staff
 - Providing a written report to the Board at least once per year with a summary of committee activities.

Adoption Date: 8/11/2021

Classification: **Essential**

Revised Dates: